

Know your "SPOKEs" for Spokefest!



SAFE: Always wear a helmet and follow the "SPOKEs for Safe Riding."



PREDICTABLE: Always ride on the right side of the road, just like a car. Use hand signals to show everyone where you're going. Use your bike bell so people can hear you coming.



OBVIOUS: Wear bright clothing and make sure you have lights & reflectors at night with a bright white light in front and a red taillight in back.



KNOW THE RULES: Did you know that bikes are vehicles? Just like cars & buses, riders must follow all traffic rules. Stop at stop signs, watch for traffic and be courteous!



ENJOY!: People everywhere are riding their bikes for fun and fitness, so let's ride together!

SPokeFEST

Family Bike Ride

Downtown Spokane
September 13, 2009
www.spokefest.org

Helmet Fit: Three RIGHTS are never wrong!

- Get the RIGHT size. Your helmet needs to be snug and comfortable.
- Wear it RIGHT. Your helmet must be level on your head. Not tilted!
- RIGHT is tight. Straps should form a “V” under your ear. Your buckle & straps should be snug under your chin.

KNOW THE LAW

- When riding on a roadway, a cyclist has all the rights and responsibilities of a vehicle driver (RCW46.61.755).
- Cyclists who violate traffic laws may be ticketed (RCW46.61.750).
- Cyclists may choose to ride on the path, bike lane, shoulder or travel lane as suits their safety needs (RCW46.61.700).
- Cyclists may ride side by side, but no more than two abreast (RCW 46.61.770).

Washington State Department of Transportation



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